

**Queen City Kinsmen (QCK) Gymnastics Club
Women/Men/CAT Invitational**

April 23, 24, 25, 2010

**Event location: Caledonian Curling Club
2225 Sandra Schmirler Way
Regina, SK S4W 1B6**

**HOST: QCK Gymnastics
Phone: 757-5311/Fax: 522-5364
E-Mail: office@qckgym.com
Website: www.qckgym.com**

(See website for map to QCK)

Competition Categories:
(Gym Sask Sanctioned)

Women - Provincial 1-5, National & Pre Novice National
Men - Provincial 1-4, HP, National Youth & National Open
PowerCat
GymCat – Beginner & Advance

Registration:

Artistic - \$95/athlete
CAT - \$60/athlete
(Please make one cheque per club payable to:
QCK Gymnastics Club)

Note to spectators: There will be **no admission fee** for spectators to attend this event!

Registration Deadline:

March 19, 2010

Registration is limited and athletes will be considered registered when payment is received. Registration will be on a first paid, first registered basis. QCK has the right to refuse participation of an athlete if registration fees are not received prior to the competition. The number of athletes per category may be limited. **A late registration fee of \$50/athlete will be applied after March 19, 2010.** Refunds will be issued for medical reasons only upon receipt of a doctor's certificate.

Please note: this competition will be held at the same venue, and will use the same equipment, as Provincials, which QCK will host May 14, 15, 16, 2010. This is a great opportunity for your athletes to compete at the same venue and on the same equipment prior to Provincials!

Inquiries:

Kevin Marpole (Meet Director)
(306) 585-2050
kmarpole@sasktel.net

Andrea (Club Contact)
(306) 757-5311
office@qckgym.com

Competition Times: *Tentative schedule: (*Subject to change once registration numbers are confirmed.) Final schedule will be forwarded to registered clubs prior to meet.

*Friday, April 23:
(Evening) Provincial 1 & 2 Women

Saturday, April 24:
(Morning) Provincial 3 & 4 Women
(Afternoon) Provincial 5, National & Pre Novice National Women AND Level 4-6 & HP Men
(Evening) Level 1 – 3 Men AND PowerCat

Sunday, April 25:
(Morning) GymCat Beginner
(Afternoon) GymCat Advance

Accommodations: **QCK Host Hotel;**
Regina Inn (1975 Broad St., corner of Victoria Ave.)
Toll free: 1-800-667-8162, local: 525-6767
Direct URL for Attendee Registration (If using this URL, no login for attendee is needed):
https://reservations.ihotelier.com/crs/g_reservation.cfm?groupID=437436&hotelID=6877
Booking Code: QCK
\$115/night (+ taxes & fees)

Travelodge (4177 Albert Street S)
(306) 586-3443
reservations@travelodgeregina.com
\$119.95/night (+ taxes & fees)
Please quote block ID# 571279, booking code: CGQCKB. Must book by March 19th, 2010

West Harvest Inn (4025 Albert Street S)
(306) 586-6755
800-853-1181
whr@westharvest.ca
\$109.00/night (+ taxes & fees)
Booking Code QCQ03, must book by Mar 19th, 2010

Equipment: Equipment will be available for purchase through the supplier, Northern Athletic Inc. & American Athletic Inc. A full price list of all available equipment is available through the QCK office.

Floor routine music: All women's floor exercise music will be collected prior to this event and played through a computer system. Please forward an electronic copy of all athlete's floor routine music to music@qckgym.com by **April 20, 2010.**

Queen City Kinsmen Gymnastics Club
 April 24, 2010
GYMCAT REGISTRATION FORM

CLUB: _____

CONTACT: _____

PHONE: _____ FAX: _____

EMAIL: _____

Coaches:	
1.	4.
2.	5.
3.	6.

Athletes:	Beg. 6 & 7 (as of Jan 1, 2010)	Beg. 8 & 9 (as of Jan 1, 2010)	Beg. 10+ (as of Jan 1, 2010)	Advance 7 & 8 (as of Jan 1, 2010)	Advance 9 & 10 (as of Jan 1, 2010)	Advance 11+ (as of Jan 1, 2010)	DOB D/M/Y
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19.							
19.							

of Gymnasts: _____ X \$60 each = _____

****REGISTRATION FORMS AND PAYMENT DUE BY MARCH 19, 2010****
 (Please submit one cheque from your club for all athletes.)

Queen City Kinsmen Gymnastics Club

April 24, 2010

POWERCAT REGISTRATION FORM

CLUB: _____

CONTACT: _____

PHONE: _____ FAX: _____

EMAIL: _____

Coaches:	
1.	4.
2.	5.
3.	6.

Athletes:	Date of Birth (M/D/Y)	6-9 yrs.	10-12 yrs.
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2.			
3.			
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19.			

of Gymnasts: _____ X \$60 each = _____

****REGISTRATION FORMS AND PAYMENT DUE BY MARCH 19, 2010****

(Please submit one cheque from your club for all athletes.)

QCK Event: Women/Men/CAT Invitational

April 24 – 26, 2010

Name of Athlete: _____

In consideration of your acceptance of my entry, intending to be legally bound do hereby, for myself, my heirs, executors and administrators waive and release and forever discharge any and all rights and claims for damage which I may have or may hereafter accrue to me against **Queen City Kinsmen Gymnastics Club**, the organizers or their respective officers, agents, representatives and/or assigns for any and all damages which may be sustained and suffered by me in connection with my association with or entry in the above athletic meet or which may arise out of my travelling to or participating in and returning from said athletic meet.

Athlete's Signature
(if 18 years of age or older)

Parent or Guardian
(if under 18 years of age)

Date

Queen City Kinsmen Gymnastics Club

April 24-26, 2010

Judges' Registration

Please list the name and current level of the judge that will be representing your Club
at the above listed competition.

***Men's Judges - Each club should send one judge for every 5-6 athletes.**

Name	Session(s)	Level

***Women's Judges - Each club is required to send one judge for every
4 athletes.**

Provincial 1

Name	Session(s)	Level

Provincial 2

Name	Session(s)	Level

Provincial 3/4/5/National

Name	Session(s)	Level

PowerCat/GymCat

Name	Level

**NOTE: IF JUDGES NUMBERS ARE LOW, JUDGES MAY BE REQUIRED TO JUDGE
AT OTHER SESSIONS.**

PLEASE RETURN THIS FORM WITH ATHLETE REGISTRATION

*** Penalties, as per Gym Sask, will apply.**

Athletes:	Provincial 1			Provincial 2			Prov. 3			Prov. 4	Prov. 5		
PLEASE INDICATE MONTH AND YEAR OF BIRTH (M/Y) UNDER EACH CATEGORY	Argo	Tyro	Open	Novice	Argo	Tyro	Open	Argo	Tyro	Open	born in 2000 & earlier	Novice	Open
	born in 2000	born in 1998-1999	born in 1997 & earlier	born in 1996-1997	born in 2000 or earlier	born in 1998-1999	born in 1995 & earlier	born in 2000-1999	Born in 1996-1998	born in 1995 & earlier		born in 1996 - 1999	born in 1995 or earlier
10													
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12													
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17													
18													

of Gymnasts: _____ X \$95 each = _____

****REGISTRATION FORMS AND PAYMENT DUE BY MARCH 19, 2010****
(Please submit one cheque from your club for all athletes.)

Queen City Kinsmen Gymnastics Club

April 24, 25, 26, 2010

WOMEN'S REGISTRATION FORM, PRE NOVICE NATIONAL & NATIONAL

CLUB: _____

CONTACT: _____

PHONE: _____ FAX: _____ EMAIL: _____

Coaches:	
1.	4.
2.	5.
3.	6.

Athletes:	Pre Novice National		National	
	Aspire	Elite	Novice	Open
	1999 - 2001	1999 - 2001	1997 - 1999	1997 & earlier
1				
2				
3				
4				
5				
6				

Athletes:	Pre Novice National		National	
PLEASE INDICATE MONTH AND YEAR OF BIRTH (M/Y) UNDER EACH CATEGORY	Aspire	Elite	Novice	Open
	1999 - 2000	1999 - 2000	1996 - 1998	1996 & earlier
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8				
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21				

of Gymnasts: _____ X \$95 each = _____

****REGISTRATION FORMS AND PAYMENT DUE BY MARCH 19, 2010**
(Please submit one cheque from your club for all athletes.)**

ATHLETES:	Level 1	Level 2	Level 3		Level 4		HP				National Youth	National
	1999 - 2000	1997 - 1999	under 13 yrs.	13 yrs. & over	under 13 yrs.	13 yrs. & over	Argo 1997-1999	Tyro 1994 - 1996	Jr. Under 16 yrs.	Sr. 16 yrs. & older	Under 16 yrs.	Open
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20												

of Gymnasts: _____ X \$95 each = _____

****REGISTRATION FORMS AND PAYMENT DUE BY MARCH 19, 2010****
(Please submit one cheque from your club for all athletes.)