



QUEEN CITY KINSMEN GYMNASTICS CLUB & GYMNASTICS SCHOOL OF REGINA

Two Complete Gyms – One Location!

5025 Tiger Moth Lane – Regina, SK.

Phone: 757-5311

www.qckgym.com

Fall 2009 Session – 14 weeks

Session runs from Tuesday September 8 to Monday December 14, 2009

No classes on Monday Oct 12, Saturday Oct 31, and Wednesday Nov 11, 2009

PRE-SCHOOL CLASSES - ALL CO-ED

				Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Parent & Me	1-2 years	45 min	\$140.00	5:30	7:00	5:30	9:30 6:15	9:30	10:45	9:45
Parent & Tot	2-3 years	45 min	\$140.00	4:45						
Tumble Tots	2-3 years	45 min	\$140.00	9:30 6:15	4:45	6:30	10:15 5:30		9:00	
Tumblebugs	3-4 years	1.0 hour	\$160.00	0:15 4:30 6:3	5:45	4:30		10:15	9:45 11:30	12:00

RECREATIONAL CLASSES - ALL CO-ED

CAN GYM PROGRAM				Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Tumble Trainers - Burgundy/Red/Tan	5-7 yrs	1.5 hours	\$230.00	5:30	5:00 6:30	5:00	5:00 6:30		9:00 9:30	
Tumble Trainers - Burgundy/Red/Tan	8+ yrs	1.5 hours	\$230.00		4:30	6:30	4:30		10:45	10:30
Tumble Stars - Bronze to Gold	All ages	2.0 hours	\$260.00	4:30	6:15	7:15			11:00	

TRAMPOLINE CLASSES - ALL CO-ED

CAN JUMP PROGRAM				Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Fun Flyers	All ages	1.5 hours	\$230.00			4:30	5:15		9:00 10:30	
High Flyers	All ages	2.0 hours	\$260.00			6:15	6:45		12:15	

SPECIALTY CLASSES - ALL CO-ED

				Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Cheerleading	10+ years	1.5 hours	\$230.00				6:00			
Teen Gym & Tramp	13+ yrs	1.5 hours	\$230.00				7:30			
Adult Fit Gym	18+ yrs	2.0 hours	\$260.00	7:45						

An annual (Sept 1, 2008 - Aug 31, 2009) **\$15.00 Gymnastics Saskatchewan membership fee** must be paid for all new gymnasts this session.

- * Please keep receipt for verification of payment or refund/credit purposes.
- * **Attire** - comfortable clothing – t-shirt/shorts or bodysuit, have bare feet and hair should be tied back.
- * **Payment is DUE PRIOR to the first class** by cheque, Interact, M/C or visa. To guarantee the class you want, you need to prepay.
- * **NO GUM, JEWELRY, OR HATS.**
- * **Only one parent** allowed on floor with child during Parent & Me and Parent & Tot classes.
- * A **\$10.00 late charge** will be added **Per week** if class is **not paid for the first day.** **\$20 charge** on all NSF cheques.
- * **Refunds** will be pro-rated according to the week of withdrawal. **No refunds after the third class.**
- * **Admin fee** of \$12.00 will be charged, **PER GYMNAST**, on all refunds except credits, class cancellations (where another suitable class cannot be found).
- * **Admin Fee** of \$10.00 will be charged, **PER GYMNAST**, on all moves from one class to another that are not initiated by QCK.
- * **Minimum of 5** is required for a class to run.
- * A **10% discount** will be applied if more than one child from a family is registering. 10% will be applied to the second class per week for the same child.
- * **Fundraising credits** must be mentioned at time of registration and **expire after August 31/09.**
- * **Photos** are periodically taken of our classes – nothing would be used without your prior consent. Please contact the office staff if you have any further questions or concerns